



## Canada Executive Health Program

Adobe recognizes the significant role of its executives and offers the Executive Health Program (EHP) to encourage a focus on keeping well. The EHP provides for a thorough and complete physical examination on an annual basis as an added benefit to the Adobe medical insurance plans offered. While we encourage participation, this program is voluntary to all Canadian executives and is not a medical insurance plan.

### **Purpose**

These programs are designed for early detection of adverse health conditions and disease. They are not meant to take the place of the primary family physician. The patient may sign a medical records release form in order for the clinic to share the results of the annual physical with their family physician for continuity of care. A family physician is then able to follow-up from what is discovered from the physical by monitoring health indications and treating medical situations early, as well as prescribing any needed medications.

We encourage all executives to select and establish a relationship with a family physician for ongoing and urgent care. This program does not replace provincial health care coverage.

### **Definition of Eligibility**

Canadian employees in the positions of Director equivalent and above are eligible for the EHP.

### **Benefit Amount**

A maximum annual allocation of \$2,500.00 CAD (Health SolutionsPlus credits with Great-West Life).

### **When Coverage Begins**

Upon date of hire, or date of promotion, in to the eligible job classification.

### **When Coverage Terminates**

Upon date of termination, or date of transfer, from the eligible job classification.

### **What is Covered**

The EHP includes an annual health risk assessment and physical examination incorporating disease prevention and wellness strategies. The physical examination will follow evidence-based medical practices appropriate for the age and gender of the patient. Components of the evaluation will take in family history and include comprehensive laboratory tests, coronary risk factor markers, and cardiac treadmill stress testing with appropriate radiology exams. Full details are available from the clinic.

Treatment or procedures beyond the scope of the EHP for the patient's age and gender, or that which is deemed medically necessary or medically indicated, is not covered by the Adobe EHP and may fall under your provincial health care coverage. The clinic will coordinate and schedule any further medical appointments on your behalf.

## How does it work

**Health SolutionsPlus** is Great-West Life's innovative health care spending account that uses a Visa® payment card for claims. Using the Health SolutionsPlus card, you'll have the freedom and flexibility to choose the clinic where to spend your annual allowance.

Note that the Visa® payment card can only be used at the following two clinics:

- LA Vie
- MEDCAN

You have the option of obtaining your medical health assessment from *any other provider*, however you will have to submit a claim form to Great-West Life for reimbursement.

## Using the Visa® payment card

Activation is simple and takes only a few minutes to complete. Call toll-free 1-855-209-8380 and follow the instructions.

NOTE: You'll receive **TWO** cards from Great-West Life, please sign the back of one card and destroy the other.

The full balance of your credit allocation will be available 24 hours after activation.

## What if the Health SolutionsPlus card doesn't work?

If your card is declined, or if you forget or prefer not to use it, you can submit a claim online through GroupNet for Plan Members, or by completing a Health SolutionsPlus claim form. For help submitting a claim online or by paper, or for more information on why payment may be declined, contact the Executive Access Centre at 1-855-548-7325 or [access@gwlc.ca](mailto:access@gwlc.ca)

## Scheduling an Appointment

The Executive Access Centre through Great-West Life is available exclusively to members. You or an authorized designate, such as an administrative assistant, have access to a team of executive benefits specialists by phone or email, who will provide one-on-one personalized support and service to you. Specialists are one-point contacts, who:

- Are available by phone or email
- Provide one-on-one personalized support and service to you.
- Ensure you are enrolled in GroupNet™ for Plan Members and Direct Deposit, and help you with claims submission
- Provide support on claims and coverage inquiries in complete confidentiality.

## Program Questions

Please contact Adobe's **Employee Resource Center** at (408) 536-4357 or [erc@adobe.com](mailto:erc@adobe.com) if you have any questions about this program.

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## LA Vie and MEDCAN Clinics

**LA Vie Clinics**

525 Legget Dr,  
Suite 150,  
Kanata, ON  
K2K 2W2  
(613) 592-0862  
[info@laviehealth.com](mailto:info@laviehealth.com)

275 Slater St.,  
Main floor - Unit 20,  
Ottawa, ON  
K1P 5H9  
(613) 231-3666  
[info@laviehealth.com](mailto:info@laviehealth.com)

**MEDCAN Clinic**

150 York Street, Suite 1500  
Toronto, ON M5H 3S5  
(416) 350-5900, Toll free (800) 463-3226  
Email: [bookings@medcan.com](mailto:bookings@medcan.com)  
[www.medcan.com](http://www.medcan.com)

**MEDCAN Affiliate Clinics****Westmount Square Health Group**

Address: 1 Westmount Square, Tower 1, Suite 550  
Westmount, Quebec M3Z 2P9  
[www.westmountsquare.com](http://www.westmountsquare.com)  
Contact: Sara Henophy [shenophy@medwestmountsquare.com](mailto:shenophy@medwestmountsquare.com) 514. 934.2334 x 287

**Vancouver - Citahealth Clinic**

Address: #208 - 888 West 8<sup>th</sup> Avenue  
Vancouver, BC V5Z 3Y1  
Contact: Frank Cell: 604-329-1629  
Email: [frank@citahealth.com](mailto:frank@citahealth.com)

**Edmonton – Health Audit**

Address: 11910-111 Avenue  
Edmonton, Alberta T5G 3G6  
[info@healthaudit.ca](mailto:info@healthaudit.ca)  
Contact: Ms. Ellen Dlin, H.R. Coordinator:  
Tel: 780.487.4095, Cell: 780.909.9172, Fax: 780.452.6767

**Calgary - INLIV**

Address: 217 1111 Olympic Way SE  
Calgary, AB T2J 3Y5

Contact: Vicky Oram [oramv@inliv.com](mailto:oramv@inliv.com) Tel: 403-648-2113

**Dartmouth (NS) - Centric Health Rehabilitation Centre**

Address: 7071 Bayers Road, Suite 217

Halifax, NS B3C2C2

Contact: Brenda Collins (902) 404-8033

[Brenda.Collins@centrichealth.ca](mailto:Brenda.Collins@centrichealth.ca)

**Ottawa - Capital Region Centre for Occupational Health (a division of WorkPlace Medical)**

Address: 1935 Bank St., Suite 6

Ottawa, ON K1V 8A3

Email: [broy@workplacemedical.com](mailto:broy@workplacemedical.com)

Contact: Bernadette Roy Tel: 613-521-2391 ext. 160